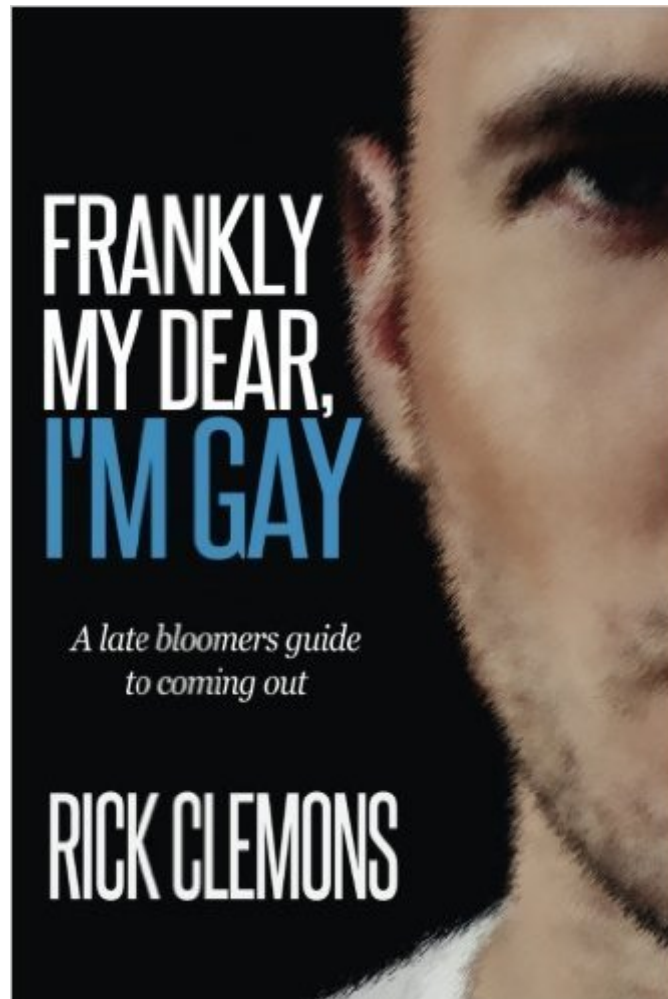


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# Frankly My Dear I'm Gay: The Late Bloomers Guide To Coming Out



## Synopsis

Part memoir, part self-help book, *Frankly My Dear, I'm Gay* takes readers on a light-hearted, poignant, humorous, and multi-faceted journey out of the closet, with nationally known author, blogger, podcaster, speaker, and *Coming Out Coach*, Rick Clemons. Embracing the trips, falls, and triumphs of learning to walk in a new set of heels, Clemons brings a fresh perspective on how to be uniquely you as a flag-waving, or quietly standing on the sidelines, member of the LGBT Community. Calling upon his own, and clients' experiences, Clemons doles out amusing yet sincere insights and advice for navigating a mutually respectful divorce, raising children as a gay parent, and tips for learning how to date, mate, and be in a healthy same-sex relationship.

## Book Information

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## Customer Reviews

*Frankly My Dear, I'm Gay* is irreverent, funny, witty and remarkably real, Clemons is a master at sharing what it is like to find out your normal isn't so normal. Written with the same power, skill, blunt honesty and humor of David Sedaris, we ride as spectators in the front seat of the pink coming out bus "to see first hand its challenges and turn ons, its difficulties and discoveries. Clemons hilariously trashes the myth that being gay means you are somehow flawed, and in a masterful way, replaces it with wise, practical and profound life success wisdom of embracing who we are and appreciating our differentness. You'll blush. You'll laugh. You'll understand what stepping into your true, gay, different, unique, amazing and awesome self really means. A winner.

I guess I should start by admitting I'm not gay, but a good friend who mentioned this book "he

said very helpful “ when we were talking about his experience. So I got curious “ I like writing “ and, well, here’s a quote: "Coming out late in life wasn’t easy, fun, joyful, a cakewalk, or a mind-blowing orgasm. Well, actually, it was all of those things and then some. My experience was more like a drag queen; I played a straight guy, who was really a gay guy, pretending not to be gay, all without makeup, or costumes to make the illusion work for a long, long, time. Precisely, the reason IT finally unraveled, IT being my less than Oscar winning performance of living the heterosexual life. Like many of you who are brave enough to have purchased this book (make sure you have a good hiding place for it, or get the Kindle version), I couldn’t keep track of whether I was coming, or going. Wasn’t sure I’d covered my tracks, kept my stories in order, or even slipped up. Stress, worry, lying, pretending, and sleepless nights were all tightly packed into the Louis Vuitton of my life. Those bags had become so damn heavy and there wasn’t a hot bellboy in sight. Well, there were a few bellboys, but I’m not one to kiss and tell." Clemons, Rick (2016-03-17). *Frankly My Dear I’m Gay: The Late Bloomers Guide to Coming Out* (pp. 1-2). Motivational Press. Kindle Edition.

While this book is about Rick’s coming out, it really touched on something that touches us all, and that’s being true to ourselves and being transparent. We hear people talk about being "authentic", but how can you be "authentic" when you are uncomfortable in your own skin? Rick has a cheeky way of expressing himself that makes you laugh and shake your head at the same time. It was a fun, touching, and interesting read.

Using humor and clarity the author comes to realize what is normal - for him. This book is full of great advice on dealing with the LGBT community. The bottom line is that we are all members of the human race. The stories remind me we are all different and we should embrace our uniqueness and learn from each other. It takes courage to reveal your true self to the world and this author is brave.

This book is full of practical advice to live life as your authentic self. For those of us in the LGBT community we might have an advantage in that to live as our true selves we have to make some sort of public declaration: "This is who I am". However I suspect the vast majority of humans live with the tension of "who I want to be" vs. "who I am expected to be". Maybe your sexuality and gender are set in your mind, you don’t even have to think about those things, but you always loved cars and want to be a car mechanic but you come from a family where everyone is expected to a

doctor? This book could help you. Rick's insight are deep and come quickly along with all his double entendres which makes it interesting to read. One second it's "Rick, Rick, Rick, grow up!" then the next sentence can have deep and beautiful meaning. Anyhow why learn the hard way?, when you can learn from someone who did learn the hard way, but really went back learned from his thoughts and actions and offers a clear path through the coming out process and life after as the real you. If this is your journey Best Wishes! This book will help and it's a fun read.

It may appear on first blush to be an odd pairing--a single mother of 3 reading a book titled Frankly My Dear, I'm Gay, but even aside from the profound and simultaneously playful writing, the theme of discovering and owning who you are outside of what you've been taught is universal. I'd recommend your book to people no matter their station or season.

I admit, I am not the target audience for this book. I am the ex-wife of a gay man. As such, I was curious about what the author would say about his marriage. It turns out, not much. While he does acknowledge the heartache he brought on his wife was "unmeasurable" and is critical of his behavior (won't let me use the word he calls himself), the basic message to others in that situation is to "love yourself enough to be yourself." What gets overlooked is the fact that someone who gets married knowing he's gay and then spends years lying and cheating may not be loving himself, but he's certainly putting himself ahead of his wife. His advice to others regarding ex-spouses amounts to "divulge only what's necessary" to your spouse, and just give them space to process your journey. There's also a bit about how no one can truly understand anyone else (so don't even bother trying to understand how it feels to be the straight wife?) All of which sounds like a convenient way to avoid having to be accountable for years of lying. The title itself speaks for itself, if you finish the sentence using the actual quote from "Gone with the Wind." "I'm gay and I don't give a d---."

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